



# Teaching Cooking Confidently

Thursday 17<sup>th</sup> April 2025 9.15am – 3.15pm

Foxhill Forum, In-volve Community Hub, 31-33 Wolfe Road, Sheffield, S6 1BT

A practical cooking course to share teaching tips & ideas and enhance everyone's confidence to lead cooking activities in primary schools



## Covering:

Food Safety, Application of Healthy Eating Messages,  
Organisation & Management of Cooking Classrooms,  
Age-appropriate Food Preparation & Cooking Skills,  
How Cooking fits within the Primary School Curriculum,  
a Whole Settings Approach, and Links to Growing & Farming.



Lunch will be provided (*please let us know about any specific dietary requirements*)



To book your FREE place, please e-mail Lisa Aldwin, Eat Smart Sheffield Programme Manager: [lisa.aldwin@learnsheffield.co.uk](mailto:lisa.aldwin@learnsheffield.co.uk)

